



M.T.L.P Weekend Retreat 2013/14
(Military Teen Leadership ProjX)

REGISTRATION PACKET

Fall Retreats- California & Arizona
Spring Retreats- Texas & Virginia

Operated by the RecFX Foundation
602.460.6436 or 602.600.4880

www.recfx.org



M.T.L.P. Retreat Weekends 2013/14

REGISTRATION & HEALTH FORM

Please Completely Fill Out All Items:

Male Female Age: DOB: / /

Choose Which Location Your Student is Attending: (choose only 1, number of spaces in each location are in brackets [35])

California (35) Arizona (35) Texas (35) Virginia (35)

Last Name: First Name: M.I.: Grade:

Street Address: Military Branch of Parent:

City: State: Zip: Home Phone:

E-Mail: Duty Status of Service Parent

Parent 1 Name: Parent 2 Name:

Work Phone: Work Phone:

Cell Phone: Cell Phone:

Student Physical Description: Height: Weight: Eye Color: Hair Color:

List Any Leadership Activities & Experience:

EMERGENCY & HEALTH CONTACT INFORMATION

In Case of Emergency Notify: Relation to Camper:

Home Phone: Work Phone:

Cell Phone: Other Contact Form:

Health Insurance Company:

Policy #'s:

Family Physician: Physician's Phone:

Is Student Allergic to Any Food, Insects or Medication? YES NO Please List:

Is Student Currently Recovering from or in Rehabilitation for Any Injuries? YES NO (If Yes, include Doctor's release)

Date of last Tetanus shot: / / NOTES:

MEDICAL RELEASE:

I hereby grant permission for the directors of the M.T.L.P. Weekend Retreats & the RecFX Foundation, Inc. to obtain emergency medical treatment and surgery for in case of injury or illness. I recognize all possible attempts shall be made to contact me. I also fully release and hold harmless the M.T.L.P. Weekend Retreats & the RecFX Foundation, Inc. and all its representatives from any liability regarding the health of the student named above.

Date: / /

Signature of Parent, Guardian or Student (if Student is 18 at time of event)

FOR OFFICIAL USE ONLY:

Staff Counselor Assignment:

Notes:



M.T.L.P. Retreat Weekends 2013/14

LIABILITY RELEASE FORM

www.recfx.org

Express Assumption of Risk, Complete Waiver & Agreement Not To Sue & Indemnity Agreement (READ THIS AGREEMENT CAREFULLY!)

This Express Assumption of Risk, Complete Waiver and Agreement Not to Sue and Indemnity Agreement dated as of (Date) _____, is made by and between RecFX Foundation, Inc., and Matt Augee (a non-profit foundation and an individual) doing business as M.T.L.P. RETREAT WEEKENDS (collectively RFX), their or its past and present agents, partners, associates, owners, stockholders, subsidiaries, affiliates, directors, officers, employees, predecessors, successors, heirs, assigns, representatives, attorneys, and all persons acting by, through, under, or in concert with them or it (collectively RFX), and (Participant's Name Here) _____ for himself, his agents, partners, associates, successors, heirs, assigns, representatives, attorneys, and all persons acting by, through, under, or in concert with him who may otherwise be known in this Agreement individually as Party and collectively as parties.

In return for the services to be provided by RFX including without limitation classroom and interactive learning activities, Participant:

- 1. Assumes any and all risks involved in or arising from participant's activities including without limitation the risks of death, bodily injury, or property damage resulting from RFX, collision with another student, activities participant, or other object or person, weather conditions, fire or explosion, the unavailability of emergency medical care, or the negligent act of another person; Initial_____
2. Releases RFX from Not To Sue RFX on account of or in connection with any and all claims, liabilities, demands, obligations, causes of action, damages, losses, costs and expenses, including without limitation attorney's fees, of any nature whatsoever, know or unknown, fixed or contingent, whether or not caused by the negligence or other fault of RFX; including strict product liability or any other liability without fault: Initial_____
3. Waive the protection afforded by any statute or law in any jurisdiction (e.g., California Civil Code S 1542 and similar Civil Codes in , Arizona, Texas, Virginia and all other US States and territories) whose purpose, substance and / or effect is to provide that a general release shall not extend to claims, material or otherwise, which the person giving the release does not know or suspect to exist at the time of executing the release; Initial_____
4. INDEMNIFY AND DEFEND RFX against, and hold it harmless from any and all claims, liabilities, demands, obligations, causes of action, damages, losses, costs, and expenses, including without limitation attorney's fees, of any nature whatsoever, know or unknown, fixed or contingent, whether or not caused by the negligence or other fault of RFX which in any way arise out of or result from games, activities, general camping, water sports, surfing, skating, collision with another person, weather, fire or explosion, the unavailability of emergency medical care, or the negligent act of another person and; Initial_____
5. PAY for any and all damages caused by Participant, negligently, willfully, or otherwise. Initial_____

I understand that RFX is relying on this Agreement to provide the Retreat / Learning Activities / Educational and Leadership Training Services that it will provide and would not provide such services if I did not execute this Agreement.

I have read and understand this Agreement. I understand that by making this Agreement, I surrender valuable rights. I do so freely and voluntarily. I further certify that I have received a copy of this Agreement.

Signatures of Guardian AND Participant: _____ Date: _____

Printed Names of Guardian AND Participant: _____

Address: _____ Grade of Participant this Fall: _____

City/State / Zip: _____ Age of Participant at Time of Camp: _____

CONSENT OF PARENT OR GUARDIAN In consideration for the RFX Programs to Participant:

I, (Parent Signature) _____, Parent or Guardian of Participant, a minor, do hereby agree both on behalf of myself and Participant and his and my agents, partners, associates, successors, heirs, assigns, representatives, attorneys, and all persons acting by, through, under, or in concert with him or me to all of the terms and conditions set forth in the above Agreement. I have read and understand this Agreement. I understand that by making this Agreement, I surrender valuable rights. I do so freely and voluntarily. I further certify that I have received a copy of this Agreement.

Signature of Guardian: _____ Date: _____

Printed Name: _____

Address: _____ City / State / Zip: _____



M.T.L.P. Retreat Weekends 2013/14

WHAT TO BRING TO M.T.L.P. RETREAT WEEKENDS

www.recfx.org

Greetings 2013/14 Military Teen Leaders!

In order to have the very best experience possible at **M.T.L.P. Retreat Weekends 2013**, the below information and list of what to bring and not to bring is extremely important for you to follow. So please take this information very seriously as it will have a huge impact on your M.T.L.P. Retreat experience.

If an item is **NOT** on this list, it is because you are **NOT** to bring it because you **DON'T NEED IT** or **WE DON'T WANT IT AT THE RETREAT!** So...if in doubt, don't. ☺ RecFX Foundation events are very much about "MINIMALISM" and do not require a lot of "stuff". The less you bring the better. There is so much to do and "things" usually just get in the way or "walk away" not to mention get damaged by the sand. The **less you have to manage the better as there will be no "diva" or "G.Q." time.** This is not your normal retreat experience so normal does not apply! ☺

Please make a special note regarding appropriate clothing for Students. The RecFX Foundation Policy is Modesty Rules. NO EXCEPTIONS. Please note the Student Rules / Guidelines & Policies (RGP's) later on in this packet and the other important documents as they address clothing standards for all RecFX Foundation events. **Parents, it is very important to work with your student on their clothing for the M.T.L.P. Retreats as the stated RGP's will be fully enforced.** Thank you for your help and attention to this area.

Please note that for any and all water activities **Rash Guards (Rashies)** and **Board Shorts** are **REQUIRED ATTIRE** including surfing, body boarding, snorkeling, kayaking and include any and all beach / water activity times and pools.

Not complying would have the effect of violating the RecFX Foundation's Code of Conduct (RFXFCC) and compromising your student's eligibility for other camps and events. Please don't do that because that would be bad...real bad. So...if you are unclear about this in any way, please call and we will go over why this is required. Failure to meet this requirement will result in the student being limited in activity participation and no water related activities all the way to being sent home at the parent's expense. We don't want to see that, so thank you for your compliance and understanding.

Wetsuits (*spring or full*) are not required but are both for practical purposes of staying warm in the water should the water temp be lower than normal. Rashies are available at most major stores (known as Lycra Swim Shirts) or at local surf or water sports stores. And when we have the funding we usually will provide them for the student's to keep.

RecFX Foundation Camps & Events Directors

****The following page lists important items TO BRING & important items to NOT BRING****

DO BRING:

- ___ Notebook with Lined Paper & Pen/Pencils
- ___ **Shorts** (of modest length...**GIRLS: NO TIGHT SOPHIES OR SHORT SHORTS!...GUYS: NO SAGGING SHORTS- BRING A BELT AND USE IT CORRECTLY!** There will be no hanging your underwear out for everyone to see. Get used to it. **Don't test us, we absolutely do enforce this!!!!!!!!!!**)
- ___ **Rash Guard / Lycra Surf Shirt or "Rashie"** (available for purchase at local surf shops or stores as well as few Loaner Rashies that we have, and sometimes we do provide them)
- ___ **SWIMSUITS** (**GIRLS: must have a modest 1-piece or a two piece with a Rashie and board shorts required over them. GUYS: are not to have sagging or excessively oversized shorts. Normal "Board Shorts" are expected. NO EXCEPTIONS!** Failure to comply with these directions will remove the student from the water sports activities, require them to spend money buying appropriate clothes or be returned home at their parents expense, so thank you for your help)
- ___ **Sunscreen, Bug Spray & Chap Stick...Seriously!** (no wimpy stuff...50 block or better & **WATERPROOF**)
- ___ A Pillow or Two...or Three...if You Want!
- ___ Backpack or Shoulder Bag (to keep your daily essentials in during activities & projects)
- ___ Bath Towel (light weight, easy to dry ones...seriously)
- ___ Pool Towel (be sure to mark your name on your towels & **DO NOT USE THE BEACH TOWEL FOR SHOWERS!!!!**)
- ___ Toiletries (uh...we will leave it up to you what to bring here...good luck!)
- ___ Long Pants (as it can get cold at night)
- ___ T-Shirts (no skin tight shirts)
- ___ Warmer Clothes for Night (sweats, long sleeve shirts, lightweight jacket, jeans, etc. as it can get cold at night))
- ___ Hat / Visor & Sunglasses
- ___ A GOOD LEGITIMATE Flashlight (check the batteries!)
- ___ Tennis Shoes & Flip Flops (will be about all you will need for shoes)
- ___ Spending Money (\$30 will do at the most, and \$10 will get you by)
- ___ A GREAT LEADERS ATTITUDE ready to play, learn & grow in this amazing environment!

DO NOT BRING The Following:

- ___ **Radios, Walkman's, CD / MP3 Players, iPods, etc. or ANY Electronics!! DON'T BRING THEM!!!**
- ___ **Cell Phones** (contact phones will be provided and two staff phones will always be available for students to call home...otherwise they interfere with the retreat's intentional format and are a risk for damage or to be stolen...any cell phones brought will be collected by the retreat registration staff and if found later by counselors or staff they will be held until the end of the retreat. **NO EXCEPTIONS!! THIS IS AN UNPLUGGED RETREAT!**)
- ___ **Weapons of any kind, including but not limited to:**
 - Knives
 - Pocket Knives
 - Guns
 - Any Other Form of Weapon
 - This will be an automatic trip home at the parent's expense
- ___ Firecrackers or Explosive Anything
- ___ **Drugs of ANY Kind that are Not RX Drugs** (all RX drugs must be in the possession of a the Camp Nurse and not held by students, and all on a case by case basis)
 - This will be an automatic trip home at the parent's expense
- ___ **YOUR PARENTS!! Seriously...NO PARENTS ACTUALLY!! ☺**



RULES / POLICIES / GUIDELINES (RPG's)

www.recfx.org

Ok, the first rules are as follows:

1. Lots of spitting
2. Occasional belching
3. No laughing
4. Lots of crying
5. Tons of sadness
6. **NO FUN!**

Oh wait! Those aren't the rules of this retreat! However, as we all know, there needs to be some guidelines to work from to keep things in order so everyone can be happy and safe. Below are our "Rules, Policies & Guidelines", or RPG's if you will. These are the standards that the RecFX Foundation and M.T.L.P. Retreats (MTLP) will uphold. Additionally, some are separated into Retreat Staff / Parent & Student categories.

It is the "policy" of the RecFX Foundation and the MTLP that all "Rules, Policies & Guidelines" (RPG's) are followed without fail. It is important for the orderly operation of the retreats, facility and safety of all, not to mention our good neighbor reputation to all around us.

Please read these RPG's through completely and communicate them clearly to all students and parents **BEFORE** coming to the retreat, initial where indicated and sign at the end acknowledging that you have read them completely and agree to fully abide by them. Thank you and we look forward to an incredibly safe and fun time at the M.T.L.P Retreats!

M.T.L.P. Weekend Retreats RPG's

Out of respect to the individuals attending and the decisions that will directly affect the students, MTLP Retreats Directors and Administrative Staff are the only people that are fully responsible for the addressing and implementing of any discipline in response to any violation of the MTLP's RPG's. This means that any and all incidents that may arise will be brought directly to the retreat directors and will be their responsibility alone to decide how that particular situation or how disciplining students or even enforcing GRP's with students will be managed. As such, MTLP's will expect that the following minimum standards will apply and be enforced:

1. **All RPG's for MTLP's will be Read, Communicated, Enforced and Followed. Simple Enough.**
2. **Safety and Security**
Tents, base housing, hotel rooms, personal property, and individuals **WILL BE RESPECTED AND NOT TAMPERED WITH**, altered, vandalized, taken, borrowed, injured, harassed or otherwise harmed.
3. **Guys are NEVER to Enter or Look into Girl's Tents, Base Housing or Hotel Rooms and Girls are NEVER to Enter or Look into Guy's Tents, Base Housing or Hotel Rooms...EVER!**
4. **Noise Levels Will be Kept at a Reasonable Level and Not be Disruptive to Anyone Else on the Grounds or Building**
Lower your voice to somewhat of a talking whisper level because what is said is magnified and heard all over.
Remember...EVERYONE IS LISTENING!
5. **Modest Dress**
Students will conform to the MTLP dress code which is both casual and modest. See the above list of what to bring and not to bring for more details on these policies. **Don't Test Us...These ARE ENFORCED!!**
6. **MODEST BATHING SUITS ONLY**
For any pool or water activities that may or may not occur during an MTLP, (all) attire requirements are very simple. Everyone is required to wear Board Shorts and "Rashies" (Rash Guards are Lycra water sports t-shirts that protect you from rashes caused by repeated contact with the various water sports equipment, as well as provide a measure of modesty for both girls and guys). This is a policy of MTLP. Guys need to make sure to actually tie and secure their Board Shorts and do not "sag" them. Remember, this is MTLP, not "Diva" or "Player" retreat...IT'S ABOUT LEADERSHIP!!
RecFX and MTLP will enforce this.

- a. **As a Result of the Above Item...**
No halter tops, tube-tops, short shorts, bare midriffs or Speedos are allowed except if worn under Board Shorts and Rashies.
- b. **Footwear (*like flip flops / sandals or shoes*) must be worn to and from all activities**
- c. **Students Who Chose to Dress Outside of this Modest Dress Code**
The first time the student will be talked to by their Counselor or staff person and asked to immediately correct the item or items at question. Should the problem continue, an appropriate wardrobe will be provided by borrowing from other students or purchased at the students / parents expense. Should the problem have to be addressed a third time, the student's parents will be contacted and the student will be sent home at the parent's expense. You can purchase Rashies at local stores where you live or at surf shops in your area, and most major stores now, and a small amount of "Loaner" Rashies available for students who can't afford purchasing one. Retail prices range between \$15.00 and \$45.00 in shops. MTLP Loaner Rashies supply is very limited.
- d. **Please Remember that this is Not a "Fashion" Camp**
It is a LEADERSHIP RETREAT! Please dress for practicality in an active schedule and environment and not for "image or exposure" as no one will be impressed with a focus on "image". This MTLP Retreat is about growing and learning. Please be responsible with this so leaders do not have to address it with you and take their focus off the important things we do at MTLP.

7. PDA / Public Display of Affection: The Basic Principle is...

- 1. Never be alone with the opposite sex
- 2. Never lay down together
- 3. Never touch anything that does or should have underwear on it
- 4. If you don't understand the previous 3 items then we need to have a serious talk. Just don't do it

8. Restricted Materials

The following are not allowed under ANY CIRCUMSTANCES- Weapons of any kind including but not limited to guns, explosive devices and knives (*multi-tools of minimum size are acceptable*), alcohol, cigarettes or any other form of tobacco or smoking materials and items, drugs of any kind or any illegal substance, fireworks, walkmans or CD / iPods or players of any kind, magazines of any kind, Game Boys or other personal game or entertainment devices, lighters, matches, cell phones or other audio-visual electronic equipment are not allowed in the possession of students during MTLP Leadership Retreats. Violating any of these items can result in the camper being sent home at their own parents' expense. If a call home needs to be made, the MTLP staff will facilitate that on a staff cell phone as well as receiving calls from parents at any time 24/7.

9. Prescription Drugs.

All prescription drugs must be kept in the control of the camp medical staff and dispensed to students as directed. No RX drugs are to be kept in the possession of a camper unless the parents and campers doctor submit written permission to be in possession of their RX drugs and state in writing that Operation RecFX Surf Camps / RecFX Foundation, Inc. and all it's directors and representatives are not responsible or liable for the use or misuse of the specific drugs.

Miscellaneous RGP's

1. Personal Behavior

a. Foul or Abusive Language & Behavior is Not Accepted and is Grounds to be Sent Home.

Be considerate of others in what you say and do. You will only be warned once!

b. Physical Aggression or Threat of Physical Aggression is Not Acceptable and is Grounds to be Sent Home. This is your ONLY warning!

c. We do Not Allow Discrimination or Harassment in Any Form on the Basis of Age, Race, Ethnicity, Gender, Religion, or Disability...for ANY Reason.

Everyone is welcome, loved and accepted as they are.

2. Vehicles & Parking

a. All vehicles will be parked in the designated spaces or areas only. No exceptions. The MTLP directors will maintain possession of the keys for all vehicles. No students are allowed to drive a vehicle to MTLP's.

3. Tents, Camping Spaces & Hotel Rooms

a. Living Spaces are to be Maintained in Good and Clean Condition and Order at ALL Times.

All living spaces are to be cleaned up every day, swept for sand, dirt and garbage. Students should make every effort to keep their living areas in a clean and orderly manner. Inspections will be done and you will be responsible to correct any issues immediately. Again, you have been warned!

b. Any Tent, Base Housing or Hotel Room Problems or Damage is to be Reported Immediately

Report to MTLP Staff so it can be repaired.

c. The General Use Areas Will be Maintained in Clean Order at All Times.

Trash must and will be deposited in one of the many trash bags and trash cans provided and any trash seen on the ground should be picked up immediately. Don't wait for someone else to do it.

e. Camp Fires Will be Started and Maintained by RecFX Foundation and MTLP Staf ONLY and Not Interfered with by Students or Other Leaders.

5. Students and Leaders Will be on Time to All Scheduled Events.

The schedule will be distributed, posted and available for reference at any time. We don't keep a super rigid schedule and have lot's of flex time, but when something is on the schedule you need to be there.

6. Rented or Borrowed Water Sports Equipment.

Surfboards, body boards, wetsuits or other items will be treated with respect and responsibility at all times. **Reckless use, abuse or damage of any equipment will be charged to the individual or individuals are responsible for that damage or abuse.** Please treat all equipment responsibly and thoughtfully. All water sports equipment must be checked out and back in. All equipment must also be cleaned off properly with no sand on them and the leashes and other items properly coiled before placing them on the racks or storage locations. Any wet items are not to be dropped or piled, but to be rung out and hung on one of the 4+ drying racks to allow them to dry properly. **NO EQUIPMENT IS TO BE LEFT LAYING AROUND ON THE GROUND, GRASS OR SAND OR ANYPLACE OTHER THAN THE DESIGNATED EQUIPMENT RACKS OR STORAGE LOCATIONS.**

7. Students May Not Leave an MTLP's Facility or Any Activity Location Without an Adult Counselor or Staff Member.

All off-site activities and locations are to be accessed only in the presence of an adult counselor or MTLP staff leader.

8. No Visitors for Students During the Weekend Retreat.

No exceptions.

9. Students are Expected to Conduct Themselves in an Appropriate Manner at All Times.

Students and Staff are expected to be thoughtful of the fact that MTLP's operate on a professional facility. Basic respectful behavior is expected in every circumstance.

10. Cell Phones for Students Will NOT be Allowed as They are Not Needed and Will be a Distraction at the MTLP Weekend Retreat.

They are also at serious risk of being lost or damaged. Sand is NOT a cell phones friend! Leaders, counselors and staff will maintain cell phones as a means for emergency calls, calls from parents and coordination with MTLP Staff. A list of Cell phones for RecFX Surf Staff and Counselors and other Leaders will be given to parents by e-mail during the day just prior to your teens Retreat.

11. Students are Asked to Preserve the Natural Environment.

Everyone is expected to avoid destroying the natural habitat and environment or altering any of the non-beach areas, hills and wetlands. These wetland areas and other areas are Federally protected and are not to be altered in any way.

12. Please Limit All Calls on Camp Public Pay Phones to Five Minutes or Less.

13. Please Help in Conserving Water.

Be considerate of others by not taking showers longer than five minutes, and conserving energy by turning off lights when you are not in the bathrooms.

14. Apply & Wear Sun-Block Each Day. You Will Burn Very Easily Without it.

You will need to reapply this one or two times a day. This is the biggest mistake made by teens and serious burns can and will occur if you do not heed this warning. It can make you miserable at best and send you home or to the hospital at worst. **Just do it!**

15. Follow All the Instructions and Directions of the Operation RecFX Surf Camp Staff at All Times.

AGREEMENT BETWEEN TEEN CAMPER AND RECFX SURF CAMPS

I have read all the above Rules, Policies & Guidelines (RPG's) above and agree to fully abide by, respect and be accountable to each and every RPG. I commit to give my best all weekend at he MTLP Retreat and be a positive influence on all around me at MTLP Weekend Update.

Name of Student

Date

Signature of Student

Date

Printed Name & Initials of Camp Director



ATTENTION PARENTS

Could you please help our camp staff and your student’s counselors by taking a few minutes and telling us about your student? We are looking for things that you would want someone in our roles knowing in order to best meet their needs and make their MTLT Weekend Retreat the most amazing and life changing experience possible. Basically anything that you would like us to know about them, like what they have accomplished, what they are or may be struggling with, interested in, afraid of or maybe their social development, to things that are funny about them and especially things that you love about them or are proud of them for. Maybe even some goals or areas of growth we can encourage them on while at the MTLT. Whatever you choose to share with us will be fully confidential and will only be seen by the two MTLT Directors, the MFLAC head counselor (Military Family Life Counselor) on site. When the MTLT is over we will shred this page. This is not a requirement for registration, but just a tool for us to truly provide the most life changing MTLT Weekend Retreat experience possible for your student(s). Thanks so very much for allowing us the privilege to invest in your students’ lives!! 😊

Student Name: _____ **Age:** _____ **Grade:** _____

Please Choose One Option: ___ *OK TO SHARE WITH MTLT COUNSELOR* ___ **NOT OK** *TO SHARE WITH MTLT COUNSELOR*
